

Full coverage of gay, lesbian, trans & bisexual issues around the world

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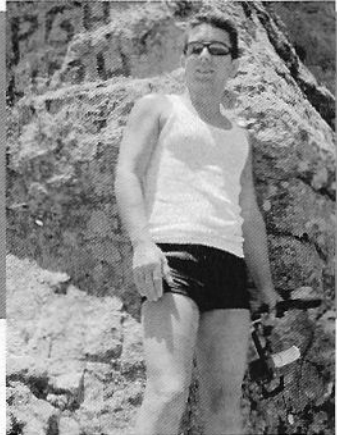
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Gay Dads

By Steve from Northampton



Several times since the inception of www.gaydads-uk.org I have been aware of the desperately isolated situations some gay fathers have found themselves in.

For many there is an overwhelming feeling of guilt and loss. Guilt that they know that their marriages, the very life as they have known for years, will suffer because of them -and their sexuality and loss as they imagine what may happen when they eventually come out. Soon after the group started a guy joined and told me, had he not found it, he was so terribly alone, he was ready, quite literally, to end his own life. Another called me and we spoke for nearly two hours on the phone. Just that chance to talk to another guy that was not going to judge him gave him the strength to carry on with life. Both these guys are well sorted now, moving on well with their lives, finding out that things are often rarely as bad as they seem.

It is amazing how liberating it is to find out we are not alone as gay dads. It is bad enough realising we are gay, but thinking we are the only ones that have got married and had kids can be overwhelming. Very often, guys have no one to turn to. All their friends to this point are straight, they cannot tell their relatives for being judged, and they cannot speak to gay guys either. One recurring problem is how a gay dad can finally come out the closet about his sexuality, leave his wife and kids and then, when he starts talking to gay men, feels he has to *lie* about his past, effectively back in the closet again, only in reverse! Knowing there are other guys out there that will not judge them, will accept them as who they are really is protecting the sanity of many men across the UK today, for some, it saves their very lives.